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Regent
TRAVEL

Exclusive
Offer
Save £300pp*

*T&Cs apply.
Offer ends
31st January 2026

Highlights of Thailand & Laos

31st October 2026 - 16 days from ~~£4499pp~~ £4199pp*

Immerse yourself in Thailand's vibrant culture. Explore bustling cities, ornate temples, tropical jungles, an elephant sanctuary, and unwind on Phuket's stunning golden beaches.

Image from Wendy Wu Tours

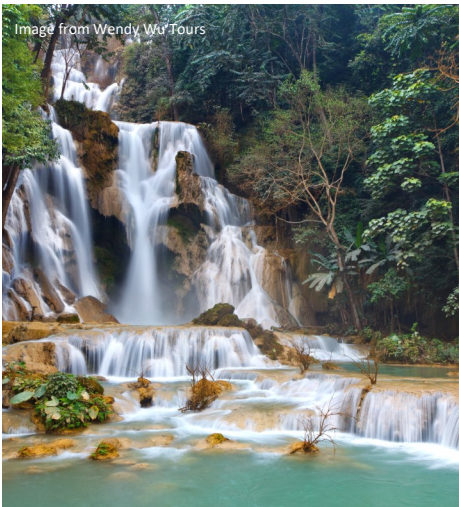


Image from Wendy Wu Tours



Photo by Valeriy Ryasnyanskiy on Unsplash



A deposit of £500 per person is required to reserved your place on this tour

FOR FULL HOLIDAY DETAILS AND AVAILABILITY PLEASE CONTACT:-

YOUR LOCAL SPEAR TRAVELS BRANCH. TEL 0333 323 4411

tours@regent-travel.co.uk www.regent-travel.co.uk 63 High Street, Stone, Staffordshire ST15 8AD

Lead price advertised based on a standard twin/double room. Regent Travel (ABTA 89283) act as agent for Wendy Wu Tours ABTA W7994. ATOL 6639 and all bookings are subject to their booking conditions, which can be found on their website, www.wendywutours.co.uk or in their brochure. Itinerary & prices advertised are correct at time of going to print but tour itineraries are prepared in advance of travel dates therefore Regent reserve the right to make any changes necessary. (E&OE). Itinerary advertised is subject to change or cancellation dependent on weather conditions, political climate and suchlike. Flight bookings are not issued until approx. 11 months prior to departure and prices, dates & timings are subject to fluctuation and change until this time. Regent will confirm all flight timings and available upgrades prior to departure date. Regent Travel are GDPR compliant. E&OE. Leaflet issue 6/1/2026 - SJ



Regent Highlights

- Fully escorted by a Regent Tour Manager (subject to minimum numbers)
- Return flights from London Heathrow
- Internal flights to/from Luang Prabang, Chiang Rai and Phuket
- Daily breakfasts, 8 lunches and 5 dinners included
- Sightseeing tour of Bangkok and its top attractions
- Full day tour to Ayutthaya
- Experience local life in Luang Prabang
- Visit the White Temple in Chiang Rai
- Visit an elephant sanctuary in Chiang Mai
- Walking tour in Phuket

Upgraded
flight
supplement
available on
request*
(*Subject to
availability)



Your Itinerary

Saturday 31st October 2026

A morning transfer to London Heathrow for our flight to Bangkok, arriving the next day.

Sunday 1st November 2026

On arrival into Bangkok, we will be met and transferred to our hotel, Golden Tulip Mandison Suites, for check in. Spend the remainder of the day at leisure. Bangkok is Thailand's capital city and a modern metropolis full of life. (D)

Monday 2nd November 2026

Today we will embark on a full day tour of Bangkok's highlights. We will explore Bangkok's top attractions, starting at the Grand Palace, a magnificent temple complex showing exquisite Thai-Buddhist architecture. Delve into the vast grounds, including Wat Phra Kaew, housing the revered Emerald Buddha. Proceed to Wat Pho, one of Bangkok's oldest temples, known for its 1000 Buddha images and role as Thailand's first public university. After lunch, cruise the canals on a traditional longtail boat, culminating in the iconic Wat Arun, standing proudly over the Chao Phraya River. (B,L)

Tuesday 3rd November 2026

We explore the historical treasures of Ayutthaya by minivan and boat on this day trip of Thailand's ancient capital. Departing from Bangkok in the morning, our first stop is Bang Pa-In Palace, featuring a blend of European, gothic, and Thai-Buddhist architecture. Roam the vast groups encompassing temple complexes, a watchtower, and a serene lake. Continue to Wat Yai Chai Mongkol, a temple on the Pa Sak River. Enjoy an inclusive lunch and afternoon visit to Wat Phra Si Sanphet and Wat Mahathat before embarking on a cruise along the river to admire the ancient city's ruins. Return to Bangkok in the late afternoon. (B,L)

Wednesday 4th November 2026

Spend the day at leisure before our evening tour. Embark on an exciting tuk-tuk ride through Bangkok's vibrant streets, catching a glimpse of iconic landmarks like the Democracy Monument. Arrive at the Michelin Bib Gourmand-listed, Pad Thai restaurant, to indulge in an explosion of spicy and savoury flavours, from delicate noodles to crunchy peanuts. Continue our culinary adventure with a photo break at the Giant Swing and explore local night markets. Savouring Thai-style grilled meat, khao kha mu (stewed port leg), coconut pudding, Bua Loi Khai Waan (glutinous rice balls with egg), and more. Take a break at Pak Klong Talat, Thailand's largest flower market, folding fresh lotus and learning about its cultural significance. Explore Thai wedding traditions and conclude the night at a laid-back riverside rooftop bar for stunning view of the Chao Phraya River. (B,D)

Thursday 5th November 2026

Today, we transfer to the airport for our flight to Luang Prabang. On arrival, we will be met and transferred to our hotel, Luang Prabang View Hotel. Situated on the banks of the Mekong River this relaxed town has countless temples, including the glided Wat Xieng Thong, dating back to the 16th century, and Wat Mai, once the residence of the head of Laotian Buddhism. The city is alive with monks wearing saffron and orange robes and is perhaps the best preserved traditional city in Southeast Asia. (B,L,D)

Friday 6th November 2026

After breakfast, we will meet our guide and make our way south to the town to the Kuang Si Waterfall. Stop along the way to visit the Living Crafts Centre, a place where you can meet weavers and learn about textiles, while helping keep these traditions alive. At the falls, crystal water cascades into idyllic turquoise pools. Bring swimwear if you would like a swim! Also take time to visit the nearby Sun Bear Refuge. We will arrive back into Luang Prabang mid afternoon to freshen up before our evening tour. Experience the sights, sounds and tastes of Luang Prabang on this evening street eats tour. Meet at the Joma Bakery and take a guided walk to the bustling Night Market to begin this culinary journey. Sample the finest 'Namchuen' or fried spring rolls on the market, try 'Kaojii Ping' or grilled sticky rice with egg, 'Kaho Nom Khok' or coconut pancakes and much more. Have the chance to explore narrow alleyways that positively overflow with delicious smelling local produce before a delectable Sin Dat (DIY BBQ) overlooking the Mekong. Chose the ingredients, be instructed on how to cook and serve yourself before enjoying the creation. (B,S,L,D)

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Itinerary Continued...

Saturday 7th November 2026

Today, get ready for an in-depth look at the daily life of Luang Prabang. Rise early to the sound of the temple gong and witness Luang Prabang's mystical ritual. In the cool of the early morning, a daily procession of about three hundred young monks walk silently by, collecting sticky rice and other foods in their bronze bowls. The ritual is linked to a Buddhist tradition, in which monks beg for their daily food as a way to demonstrate humility. The early morning, is the perfect time to stroll Luang Prabang's morning market, where you will see the locals haggling for fresh meat, fruit and vegetables. Before returning to the hotel for breakfast, we continue to Wat Pakhe, it is one of only a handful of Thai-style wats in Luang Prabang, characterised by their high walls, long and narrow footprints, and front verandas with four equal-sized columns. After breakfast, we will go to Heuan Chan Heritage House for a Lao Traditional Cooking Class. Listed as number 119 in the UNESCO World Heritage Registry of Luang Prabang, this house is a rare example of a wood home built in the Luang Prabang style. After lunch we continue to visit the landmark of Luang Prabang's colonial building and local workshop who showcase about Lao textiles, visit Wat Manorum, another important temple in Luang Prabang, then visit Amatta Saboo, an organisation that support children to have opportunities. (B,L,D)

Sunday 8th November 2026

Today, we transfer to the airport for our flight to Chiang Rai. On arrival, we will make our way to our hotel, Laluna Hotel & Resort. The rest of the day is at leisure. Chaing Rai is the northern-most province of Thailand and is also one of the most ethnically diverse regions of the country. This area is abundant with natural scenery with lush rice terraces, tea plantations, hills scattered with orchids and mountains of Burma and Laos visible in the distance. (B)

Monday 9th November 2026

This morning, take a peek into some of the hidden artistic gems of Chiang Rai with this half-day tour. Begin the tour with a visit to Wat Rong Khun, also known as the White Temple. This contemporary Buddhist temple was designed by one of Thailand's most famous Thai artists - Chalermchai Kositpipat - and sits as a piece of art itself, with its white colour representing purity of the Buddha, and sparkling glass pieces symbolising the Buddha's wisdom and teachings. Afterward, we take a trip to Mae Fah Luang Art & Cultural Park, where you can check out the region's largest collection of art items from the Lanna and Tai cultures in the surrounding areas. The Legend Chiang Rai Boutique River Resort & Spa is our home for the night. (B,L)

Tuesday 10th November 2026

We travel from Chiang Rai to Chiang Mai today where we will be transferred to our hotel, Sabai Sabai Chiang Mai Hotel,. Spend the day at leisure. Chiang Mai is the largest and culturally most significant city in northern Thailand. It has a rich history dating back to the 13th century and some of the ancient city walls and moat still exist today. This city has plenty of temples and history for you to indulge in. It is also home to a few elephant conservation centres. (B)

Wednesday 11th November 2026

Spend an enlightening day at an ethical elephant camp. Prepare a yummy lunch for them, then enjoy Thai vegetarian food while watching them eat it. Make medicinal concoctions with herbs gathered from the on-site garden and meet mahouts and locals from Karen hill tribe who explain their culture and practices. We then drive an hour and a half from Chiang Mai to Chang Chill, a sanctuary that has spent the last few years transforming into a truly elephant friendly venue. Upon arrival, staff members will present an introduction of the sanctuary's past, its transition process, its current programmes and its vision for the future. Follow the guide on a path through the forest to watch the elephants from a safe distance. Listen to a 'live lecture' along the way to learn some new facts about the needs, behaviours and conservation of Asian Elephants. Stop at a rest station to enjoy some traditional Thai refreshments. Just below the rest station is a mud pit where the elephants bathe and play during hot days. Enjoy snacks and watch the elephant splash around in the mud. Move onto the riverside sala to learn about elephant enrichment and assist staff with filling feeding tubes up with yummy healthy treats and supplements like bananas. After preparing the food for the elephants, enjoy a Thai vegetarian lunch. (B,L)

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Itinerary Continued...

Thursday 12th November 2026

Today, we transfer to the airport for our flight to Phuket. Upon arrival we will transfer to our hotel, Thavorn Palm Beach Resort. Phuket is the largest island in Thailand and is often referred to as the 'Pearl of the Andaman'. With its excellent climate and miles of white sandy beaches to relax on, Phuket is justifiably Thailand's most popular resort destination. (B)

Friday 13th November 2026

Embark on a leisurely walking tour through Phuket Town, a cultural melting pot of Chinese and Portuguese influences. Begin our day with a visit to a bustling local market, where locals haggle for fresh ingredients. Explore stalls, admire blooms at the flower market, and proceed to Kajorn Rangsan Temple and Chin Pracha Mansion, showcasing Sino-colonial architecture. Dive into the history of Chinese immigrants at Thai Hua Museum, stroll down Thalang Road, and explore Sino-Portuguese buildings. Indulge in local snacks, explore colourful Soi Rommanee, and visit the old post office. Discover Phuket's heritage on Phang Nga Road, including the oldest hotel and a hidden Chinese temple. We finish the tour with a traditional Thai lunch at a historic house. (B,L)

Saturday 14th November 2026

Today is a day at leisure, perhaps explore more of Phuket or relax at the hotel. (B)

Sunday 15th November 2026

Today we transfer to the airport for our flight back to London Heathrow, (B)

Accommodation (please note: Hotels as listed, or will be alternatives of a similar standard)

Golden Tulip Mandison Suites, Bangkok

Luang Prabang View Hotel, Luang Prabang

Laluna Hotel & Resort, Chiang Rai

The Legend Chiang Rai Boutique River Resort & Spa, Chiang Rai

Sabai Sabai Chiang Mai Hotel, Chiang Mai

Thavorn Palm Beach Resort, Phuket

£750pp Single Room Supplement

IMPORTANT INFORMATION :

This tour may be unsuitable for passengers with limited mobility. The itinerary will be active in parts. Various methods of transport will be used. Mobility adapted rooms can be requested but are not guaranteed. Wheelchair access cannot always be provided. Regent must be informed if personal abilities or health declines over the booking period. For specific enquires, please contact Regent. All special requests including room, health & dietary requests must be made at time of booking. Regent must be informed if health alters over the booking period. We recommend that you see your local GP or health advisor prior to travel for advice on current vaccinations and health precautions. An entry card will be required for Thailand. A Visa will be required to enter Laos.

(Further tour details of all above information will be given at a Pre-Tour Meeting approximately 3 months prior to departure date.)

A deposit of £500 per person is required to reserved your place on this tour

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